

# Chelsea High School Overnight Field Trips

## Medication Information

- ALL Medication, whether Prescription or Over-the-Counter, must be turned in to the school nurse 3 days prior to the scheduled field trip by the student's parent/guardian or another responsible adult. Unless medication is a self-Carry medication and has prior authorization from the School Nurse.
- The parent/guardian must sign a School Medication Authorization Form before any medication can be administered on Field Trips or self-carried.
- For Prescription medications, a current dated pharmacy labeled container is required which includes the student's name, physician name, name of the medication, strength, dosage, time interval, route and **ONLY bring the amount needed for the field trip.**
- For Over-the-Counter medications, an unexpired, unopened, age appropriate, original manufacturer's container is required and all manufacturer's labeling must be clearly legible. The student's name must be written on the container.
- All unused medications not picked up by parents/guardians by the last day of each school year will be discarded. No medication, including emergency, can be kept over the summer months.
- Non-FDA approved supplements/substances used to treat medical conditions, including essential oils and CBD-type can NOT be administered at school or on field trips.

If you have any questions concerning the medication procedures, please contact me (Ashley Fields) by phone at (205) 682-7201 or email: [afields@shelbyed.org](mailto:afields@shelbyed.org) . Medication Authorization forms are available upon request or can be found on the Shelby County Website in the Student Health Services section.

### REMINDERS:

We discourage sending OTC meds on field trips unless the medication is one that the student routinely takes for a chronic health condition.

You may send sunscreen lotion (not aerosol/spray) for your student to allow to him or herself.

All medication must be brought to the health room and signed in by a PARENT

Prescription medication must be in the original container with a pharmacy label that matches the med form.

If OTC Medication is needed they must be:

Not expired

Unopened

Age Appropriate

FDA approved